

National Proclamation

WHEREAS, each year millions of lives are affected by traumatic or insidious injuries that accompany the aftermath of war, violence, abuse, neglect, betrayal, or serious illness; and

WHEREAS, the mental and emotional distress that accompany these injuries often goes unrecognized, untreated, and misunderstood, creating a gaping hole in our society that is filled with *Unmourned Loss* and *Unforgiven Guilt/Shame*; and

WHEREAS. Unmourned Loss and Unforgiven Guilt/Shame are generating overlooked, unassessed SOUL INJURIES that cause emotional pain, sabotage lives, and lead to increased levels of fear, strife, hatred, violence, despair, and suicide in our society; and

WHEREAS, these *SOUL INJURIES* separate one from their "real" self and cause them to feel personally defective, inadequate, or unworthy; and

WHEREAS, there is a blatant cultural fear surrounding emotional pain, guilt, and shame; and

WHEREAS. individuals are encouraged to minimize, deny, and numb their emotional pain, guilt, and shame; and

WHEREAS, the traumatic and insidious effects of *SOUL INJURY* can be eased by raising community awareness, providing professional education/training, and teaching individuals how to re-own, re-home, and re-vitalize scattered pieces of self carrying the *SOUL INJURY*; and

WHEREAS, healing individual *SOUL INJURIES* can lead to healing the SOUL INJURIES our Nation has suffered through war, terror, and divisiveness which can lead to a renewed sense of wholeness for our Nation.

NOW, THERFORE, we petition Congress to declare January

National Soul Injury Awareness Month

in the United States of America, and en-courage citizens, organizations, and communities to raise awareness about *SOUL INJURY* by:

- Promoting dialogue on *SOUL INJURY* among family, friends, neighbors, co-workers, faith and civic-community members
- Hosting a community-engagement event on *SOUL INJURY*
- Participating in monthly SOUL INJURY insight assignments during the year



- Wearing an "Ask Me about SOUL INJURY" button
- Signing this petition on <u>www.Change.org</u> → search Soul Injury or Opus Peace
- Visit : <u>www.OpusPeace.org</u> or <u>www.soulinjury.org</u>